



CHRISTMAS SHOPPING AND GIFT IDEAS



Christmas Shopping & Gift Ideas

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It's Christmas Time!

Christmas season is the most wonderful time of the year.

But it can get pretty daunting with no pre-planning done for the holiday activities. Especially when it comes to Christmas shopping for your family, friends, and relatives, things can become pretty stressful if you have no idea what would be the perfect gift for that perfect person in your life. But fret not, our guide for Christmas shopping and gift ideas will help you through the process of curating the perfect gift for your loved ones.



When it comes to shopping for your loved one, remember each person is different, and so are their needs. And you need to shop for gifts keeping that in mind. For instance, you can't gift your mum fishing gear while giving your dad a set of crock pots that your mum has probably been eyeing for a while. That would be ridiculous, and let's face it'd probably be a bummer for both of your parents.

These little mishaps can easily be avoided by shopping with a few things in mind, such as:

Does the gift suit the personality of the person you are shopping for?

Would the gift be actually useful for your loved one?

Oftentimes, your loved ones will be dropping hints here and there regarding what they want for their Christmas gifts. Teenagers and kids these days even go as far as to create their own wishlist and share it with their family and friends, so each member of the family can contribute their part wisely.



While we appreciate the humour of this technique, you have to admit it is actually a pretty smart move. This way, there is no chance for you to drop the ball while shopping for the Christmas gifts they want the most.

However, we understand having specific guidelines to follow in the case of family members who neither share a list nor drop a hint, will make your life so much easier in this busiest time of the year. With that in mind, we at Alpha academy have researched the shopping categories and have listed down below the best Santa approved gifts that will surely spread joy to your parents, children, friends, and relatives.

Best Christmas Gift Ideas for Your Mom

Mom—the person who loves us more than anything in the world!

For them, seeing all their children and grandchildren come together for the holidays is the best gift itself. But a good son or a good daughter would not stop there. Even if your mom begs you not to get her anything this Christmas, you know a good son or daughter will gift her the best of the best, the *crème de la crème* if you will! So, here are our top Christmas gift picks for the very first love of your life that will make her cherish you more.



What I love about Mom Prompt Book

If your mum loves gifts that are meaningful and has a sentimental value, then you can not go wrong with one of the prompt books that you can easily find online. This is the most personal gift you can give to your mum on Christmas Eve to make yourself her favourite child. The books usually have about 50 prompts where you can fill up the blanks with all the things that make your mom the best mom in the world! Make the notes honest, witty,

humorous, and heartfelt to make her feel special and give her a good laugh at the same time.

Also, make sure to have tissues nearby for those tears of happiness rolling down her cheeks while reading it!

Mini Maker

If breakfast is your mum's favourite meal of the day, then any of the mini electric round griddles will be perfect for her! The griddle serves multi-purpose and is perfect for grilling cheese sandwiches, omelettes, pancakes and so much more! It saves your mum the hassle of using multiple pots and pans for making different dishes. Not to mention, it's easy to use technology! You just simply have to plug it in and wait for the indicator light to turn off after the food is heated up for a few minutes.



And the fact that there's a variety of colour options to choose from, getting the one that matches your mum's kitchen decor would make her fall in love with it. Your mum will definitely adore playing around with different recipes she can make miniature style.

Foot Massager Machine

Growing up, you must have seen your mum always on her feet, being proactive and making sure all the chores and household responsibilities are fulfilled. Being a mom is one of the hard-on feet careers, and it is **24/7**. Taking care of children and family is the most difficult job on earth, and your mum deserves this treat for making the job look so easy and effortless. So, gift her a Deep Tissue Foot Massager machine for all she has done for you and become her favourite child of the year!



Most foot massager machine comes with deep kneading and air compression technology that melts away foot pain. This electric foot massager is great for neuropathy and plantar fasciitis relief. Not to mention the feet massager feature, which will seriously work her tootsies out and leave your mum feeling like she is floating on air when the massage is over.

Enamel Non-stick Cookware Set

A non-stick cooking set will give your mum's cooking collection a facelift. Give your mum the Rachel Ray Cucina Nonstick Cookware Pots and Pans set, and we bet she will instantly fall in love with it. This stylish cookware comes in multiple colours, so your mum will feel ready to host her own cooking show with this cookware. Non-stick cookware is easy to cook and clean. And it will make your mum's life so much easier.

Essential Oil Diffuser

Chances are, an essential oil diffuser might be your mom's favourite Christmas gift of the year. Mothers are under a lot of stress every day with all the struggles behind maintaining a work-life balance. This small device creates a calming atmosphere by purifying the air. Your mum will sleep better, feel better and be more relaxed than ever.



Also, most of the devices are Wi-Fi enabled and compatible with other Alexa devices, so if your mum is technologically wary, she got nothing to worry about. Its easy-to-use interface can be safely used on a daily basis.

Instant Air Fryer

Air fryers are one of the most revolutionary kitchen appliances ever being invented. It is all the rage these days and for all the good reasons. If your mom loves cooking, be sure she will fall in love with this easy to use and easy to clean the appliance.



You can bake, roast, and fry pretty much anything with minimal preparation and ingredients. Another great part of using the air fryer is the easy clean-up process. Most of the air fryers racks and baskets are dishwasher safe, so your mum doesn't have to go the extra mile to clean it.

Apple Watch Series 7

If your mum is a fitness fanatic and uses iPhone, then gift her this watch to keep her on the right track. Apple Watch Series 7 has been declared the best health accessory for your wrist and an excellent fitness tracker. On top of that, this timeless smartwatch offers fall detection and advanced heart-monitoring tools for those who are not interested in running marathons.

This product will help your mum stay active and keep tabs on her heart health. Additionally, it is great for anyone looking to move for and generally improve overall health. If you don't mind the price tag, then this is the most thoughtful and best gift your money can buy for the person you love the most.

Foreo Microcurrent Facial Toning Device

If your mum loves using skincare tools and anything related to skincare, then this microcurrent facial farming device is the one you should go for. This BEAR facial toning device has been one of the bestsellers among skincare appliances this year. While it's suitable for all skins and ages, it primarily targets the first signs of ageing and delivers visible, long-lasting results with continued use. If your mom loves a good spa day, then this Foreo Bear is just gonna make it even better!

The device utilises 5 intensities of microcurrent technology and T-sonic pulsations to firm the skin and recontour age-sensitive area. So, this would be a perfect Christmas gift if your mum has been dropping hints about trying out new skincare products more often.

Best Christmas Gift Ideas for Your Dad!

While our dads sacrifice the most for us, they don't ever demand anything from their children. Pretty sure every one of our dads has already told us not to get anything extravagant for him this Christmas because he already has everything he needs. And that is why shopping for dad gets even trickier. You can't gift him a bath bomb set, as chances are he will never use it. With dads, you have to stick to the rules, get him things you know he will get the use out of regularly.



So, here's our list of top Christmas gifts for the superheroes in our life.

Portable Campfire

Dads are pretty much all the same; they love spending time outdoors as much as they love their children. Growing up, if your dad took you camping every other day, chances are he is gonna love this thoughtful gift. Your dad would forget the woes of lugging firewood to the campsite with a portable campfire, which gives a similar experience. The portables are easy-to-carry fire pit provides warmth for about 3 hours which is enough for ghost stories, s'mores, and more. Additionally, these eco-friendly portable campfires are

the best alternative for reducing carbon footprint, made from recycled soy wax and recycled paper briquettes.

Best of British Brew Subscription UK

What British dad doesn't love his brew? While gifting him a six-pack of his favourite brew is fine, and all but a beverage subscription will be a more thoughtful gift for Christmas than a basic six-pack. If you want to become your dad's favourite child, then a monthly or bimonthly delivery of 12 hand-selected best of British beverages is the way to go.

Brew subscriptions are certainly a unique way to tell your dad you care for him and to encourage him to crack open a cold one without having to go down the pub for a pint every time.

Back Shoulder & Neck Massager

Dads carry the weight of the world on their shoulders. While you cannot take away all of his stress, you can at least relieve some of the tensions on his neck and back by gifting him a back, shoulder & neck massager machine. Shiatsu's back shoulder and neck massager acts nothing less than a personal massage therapist with its advanced heating technique and 8 deep tissue kneading nodes.



Your dad will be floating on the cloud after using this at the end of the day and you can take our word for it!

Watch Gang Subscription Box

Trends in fashion may come and go, but the watch will forever remain a timeless fashion statement piece. Watches are a perfect accessory to revamp your outfit effortlessly. But here's the pickle, men can be really picky when it comes to watches. And if you don't know whether your dad is a fossil guy or an Armani exchange guy, you could be in a lot of trouble. That is where the watch gang comes to your rescue.

Watchgang's monthly subscription box delivers a new watch to your dad every month. For subscription, all you have to do is tell watch gang your dad's preferred watch style. Your dad might like the look of leather, gold, diamonds etc., and let them take the guessing out of it.

You can easily pick the plan that suits your budget and not worry about the quality because at watch gang, you save up to 5X of retail value for every watch your dad receives. Isn't this the best gift ever?

Caravan Coffee Roasters

What is more perfect than a gift that keeps on giving even after Christmas is over? Yes, we are talking about another thoughtful subscription box signup for your dad to experience the best for 6 or 12 months, whichever you opt for.

If your dad is a coffee connoisseur, give him the subscription gift where he will get freshly roasted coffee delivered directly to his door every month, bi month, or quarterly, depending on which package you choose.



Caravan coffee roaster's in season coffee comes from all over the world. And they blend it in their Islington roastery. After you subscribe, your dad gets a fresh batch of coffee every month to experiment with. So, this Christmas, gift your dad the subscription to a fresh cup of coffee every morning. A coffee lover dad will appreciate this more than anything else.

Indoor Electric Non-stick Grill

Dads spend half of their vacation time outdoors grilling their favourite hamburgers, grilled cheese sandwiches or hotdogs. Gifting him an electric indoor nonstick grill will definitely come in handy. These portables are easy to carry and easy to use. Moreover, most non-stick indoor grills feature a circular heating element that allows them to heat up faster and more evenly.

So, these non-stick grills cook everything to perfection! Your dad will definitely appreciate these compact grills, which can quickly grill meats and veggies indoors without any hassle. And if your dad is usually the one on dish duty, he will be glad to know that the grill is completely detachable and dishwasher safe. You can find plenty of options for non-stick grills on Amazon or at any Tesco superstores.

Running Shoes

Running shoes are a great Christmas present for everybody but especially for our dads. Running shoe kind of works for all purposes. Whether your dad likes to go on a trail run or run on the treadmill, you will find a pair of running shoes for every mood and occasion. Not to mention, most of the shoes are stylish enough for day to day wear.

For your dad, get the kicks that are extremely lightweight and breathable. If your dad is eco-conscious and always looks for something environmentally friendly, then you can try getting him a pair from Adidas' parley collection. The shoes of this collection are made from 75% of intercepted marine trash and yet provide the same comfort standards. You can also gift him a pair of allbirds sneakers which are made from a unique knit of plant-based materials mainly crafted from Eucalyptus trees.

Handheld Massage Gun

Handheld percussion massage guns can cost over a hundred pounds and is considered one of the luxury item that is a great addition to make your workout routine easier. It helps in relieving muscle tensions, and we know dads have a lot of it. The massage gun is most commonly used for pre and postworkout sessions. It helps reduce soreness or stiffness from workout sessions, pinpoints the trouble spot, and really works them through.



So, if your dad loves his daily workout sessions, chances are he needs this percussion massage gun more than ever. And he will definitely thank you for getting this!

Air Tags

Dads are the kings when it comes to losing something. Be it their wallet or their keys. They can forget within a few seconds where they kept either of the items. So, getting him an air tag would easily help him to keep track of his personal items.

It is also really simple to use, so even if your dad is not that tech-savvy, he got nothing to worry about! All he has to do is attach one with his keys or slip one in his backpack while going out, and the items will always be on his radar. Even if he loses something, he can always look it up on the find my app and recover it instantly. So it is as easy as pie!

Best Christmas Gift Ideas for Women & Girls

Women & girls in our life are relatively easy to shop for; you just have to keep their personalities and hobbies in mind. For instance, if all she does is watch YouTube videos of different beauty influencers in her pastime, then pay a visit to beauty stores and grab her something she will definitely enjoy getting the use out of.

On the other hand, if she has her nose in a book all day, then getting her a gift card to her favourite bookshop would be a pretty sweet deal! While shopping for the women and girls in your family and in your life is pretty easy since there are plenty of options to choose from.



However, keep in mind that a dull Christmas gift can dull their Christmas spirits. And we certainly don't want that to happen. So, here are our top picks to gift the young adult in your life something special this Christmas day.

Bath Bomb Gift Set

Bath bombs are perfect for those who like to unwind after a long day at work. Bath bombs give a luxurious experience while getting you cleaned as well. The emollients and softeners present in the bath bomb soften and indulge the skin. Not to mention, all the bath bombs are natural and vegan friendly so if your niece or daughter, or sister are eco-conscious, they will surely love receiving a bath bomb gift set as their Christmas present.



If you are confused about where to get a good bath bomb gift set for your family member, lush cosmetics in the UK is the most popular choice. The company has been in this business since 1995, so rest assured you get quality products for your money's worth. However, there are other brands on the market with different variety packages containing bath bombs of different scents and flavours. So, if you are in the mood for exploration, check out your nearest holland & barret store.

Wireless Headphones

A new pair of headphones can really be the perfect gift for people of all ages. Wireless headphones serve multiple purposes for youngsters of all ages, and it is especially needed for those doing work from home in present times. So, get something that is incredibly comfortable.



But at the same time, make sure the headphones allow ambient noise so that the outside world is not completely blocked out. There are literally endless options for wireless headphones to fit your budget. And if she is a music lover, then get her something from the beats headphone collection. While that is definitely not the only option in the market however make sure the one that you end up buying, compliments that person's style. And make sure it shows that you truly care!

Carry-on Luggage

It's safe to say the travel enthusiasts have been on the edge of their seats and can not wait to go back to travelling after being on lockdown for almost two years now. Hence, this one is for the girls and women in your family who love to travel. Carry-on luggage is essential and makes travelling so much easier. If anybody in your family is travelling to study abroad next year, then this could be a perfect farewell gift and a perfect Christmas gift at the same time.



Carry on luggage are a fashion statement piece, so make sure to pick the colour and design that compliments her style. Additionally, carry-ons are perfect for those who prefer to travel light with a durable hard-sided suitcase to store just the essentials. Find hundreds of options to choose from on the net-a porter's online website, or if you are on a budget, you can get one from your nearby Tesco superstore as well.

Vanity Makeup Mirror

If your friend or niece just got started with their YouTube channel regarding beauty and makeup, a vanity mirror would be a gift they would greatly appreciate. Some lighted makeup mirrors come with an acrylic storage base, which is really a plus point. It comes with plenty of storage for brushes and makeups to be stored in.



Moreover, some vanity mirrors are very compact and light, so she can easily carry them while travelling. Some mirrors come with a touch sensor and magnification technology, which is very cool and convenient.

A good vanity makeup mirror is a must to have in every beauty influencer's collection because they understand makeup looks only as good as the mirror that is used while applying it. With thousands of options to choose from literally, you can easily find the right one for your family member or your friend just by keeping in mind their age, style, and personality. Try to choose LED-lit mirrors that serve multiple purposes.

Skincare Fridge

This next thing on our list is perfect for the skincare enthusiast in your family. Keeping skincare products in the fridge comes with its own benefits. While skincare is all the craze these days, it does serve a purpose beyond the social media brag. For instance, it keeps the active ingredients such as retinol, vitamin A, vitamin C very stable and cooled.



Moreover, keeping serums, eye creams, and sheet masks below room temperature can help boost circulation, take down redness and inflammation. Not to mention the coolness factor leaves the skin feeling ultra refreshing. Lastly, a mini skincare fridge is a fun additive to spice up anybody's skincare routine. And that is enough reason to gift your friend or family member this cute little gift this Christmas. You can find the mini skincare fridge that suits your budget and compliments her style on online websites like Amazon.

Nespresso

If millennials and Gen Z have something in common, then it is their love for coffee and coffee machines. Nespresso machines are worth every penny if she likes the luxurious taste of Nespresso but hates going down to the cafe every time for it. Some people take the time to learn and brew the espresso manually. However, we can all agree the young generation has very little patience to go through all that struggle, especially when the convenience of a Nespresso machine can be at the corner of their kitchen.



Moreover, brewing espresso shots by hand requires a lot of time, but the Nespresso machine can do everything in just under a minute. There is a variety of Nespresso machines for individuals with different ways of drinking coffee. If she is a cappuccino or latte kind of woman the Nespresso lattissima should be the go-to choice.

This machine comes with a built-in milk frother. That being said, the overall cost of Nespresso and the first batch of Nespresso pods can really add up, so think thoroughly before buying. But if you are willing to shell out a little extra cash for the comfort and convenience of your daughter or sister, then we suggest you go for it!

Foreo UFO 2

Whether or not she is a skincare enthusiast and whether or not she is in her mid-20s or in her happy teen years, Foreo UFO 2 is made to cater to skincare concerns of all ages and all demographics. The device offers a full facial treatment at home or on the go. If she is a sheet masks fanatic then chances are she has already been eyeing this skincare tool ever since its release.

The device is inspired by the concept of a traditional Swedish luxe spa. It uses t sonic pulsation to stimulate skin cells which makes it easier for skincare ingredients to seep deeper into the skin cells, leaving the skin feeling hydrated, plump, and glowy. Gifting her this as a Christmas present would change her skincare game for the better.

Hair Care Products

From nourishing shampoo to leave-in conditioners and from serums to scalp detox masks, the best hair care products are wonderful to have on hand. Women in our life have to go through a lot of trouble to find the right shampoo and conditioner that suits their hair. So, if you do want to gift them any hair care products, make sure to learn about their hair concerns first.

For instance, if your girl has dry hair or dry scalp then look for moisturizing ingredients like shea butter, keratin, silicone, oils, etc. On the other hand, you will want to avoid oil as an ingredient while shopping for someone who naturally has an oily scalp and looks for ingredients that exfoliate the scalp, such as salicylic acid.

To make it easy for you, there are some hair care brands that make customised shampoo and conditioner as per your hair type, concern, and hair goals. So, go ahead and fill up the haircare quiz and gift your loved ones some nourishment for their hair.



Best Christmas Gift Ideas for Men & Boys

Men are almost impossible to shop for. They will never give you the slightest hint of what they want for Christmas, so you might often feel like you are totally on your own. But not this time!

We have curated the perfect Christmas gifts for the men and boys in your life who like to do nothing but nitpick when it comes to shopping for themselves.



So, take some time and go through the list down below.

Mini Elliptical Under Desk Cycle

For the boys and men in your family with desk jobs, sitting in one place for too long can really be hard on their joints, circulation, and health in general. Having an under-desk mini elliptical machine will keep them moving and burn calories even while they are working. So, gifting them an under-desk elliptical cycle can be a game-changing move.

Not to mention, the concept of an under desk cycle is so cool that the tech-savvy multitaskers in your life are really going to appreciate it.



Additionally, the machine can track revolution, RPM time, the number of calories burned, and much more. Moreover, most elliptical cycles have different variances of resistance levels. That makes it perfect for the men who are interested in starting out their fitness journey, but simply can't make enough time for it.

Gaming Monitor

This one is for the gamer friends and family members! If they are PC gamers, then the chances are the monitor could probably use an upgrade in their gaming rig.

Gaming monitors can enhance the performance of the CPU and make graphics look as good as possible. While buying the gaming monitor, focus on the resolution, which is counted in terms of pixels.



More often than not, the higher the resolution is, the better the gaming PC performs. Additionally, keep in mind the screen size they will prefer. For instance, you can get a bigger inch monitor for someone sitting far from it while gaming. It will help enhance the gaming experience.

Electric Scooter

Whether your boy uses a bicycle to get to important places around town or uses it just for fun, replacing his old bike with an electric scooter will surely spark envy among his friend circle and in the neighbourhood.

Electric scooters are all the rage these days, considering how energy efficient it is. It runs on electricity, so you are helping your favourite person to reduce their carbon footprint and look snazzy while doing it. Most of the electric scooters have an impressive mile range combined with high-speed brushless gear motors.



Not to mention, the sleek styling of the electric scooters is enough to make anyone's jaw drop. There are literally hundreds of options to choose from, so check out your nearest mall or online for the scooter that fits your boy's needs and style.

Bedding Bundle

Men rarely like buying bedding for themselves. So if the guy you are shopping for loves his power naps, then chances are bedding bundles will make the nap times much more enjoyable. Most of the bedding bundles come with silky satin-like sheets, and let's be honest, who doesn't want that?

While choosing the bedding, it's best if you get a feel of the fabric before choosing. Invest in the bedding that you can afford, while opting for a higher quality option that can withstand the test of machines washing.



Additionally, for the luxurious lover, look for sheets made from eucalyptus based Tencel which feels like an actual dream against your skin. You can find the beddings you are looking for at any B&Q store or Ikea store that are nearby.

Workout Pants

Having a good pair of workout pants is crucial, especially in this cold season of winter. Workout pants don't just keep your leg warm, but also make the workout session much more comfortable and improve performance.

So, for the ones whose workout routines are their favourite part of the day, this is the perfect Christmas present. Moreover, the pants are so comfy that they are



perfect for logging long hours at the home office or a long night of Netflix on the couch.

Barber Subscription

This one is for the men who like having a smooth, shaved face. It is also good for those who shave irregularly and hate going down to the salon every time. Most of the barber goodies subscriptions online come with safety razors, brushes, and a tip book on how to perfect a close, clean shave. Additionally, some subscription boxes also come with extra blades, shaving cream, aftershave and other self-care products for men.

The subscription options can be monthly or quarterly, whichever option works for the person you are shopping for. These subscription boxes are the perfect means of introducing traditional shaving into the person's life with a little hint of luxury.

Gadget Discovery Club Subscription

This is for the ones in your family that are tech fiends and swoons at pretty much every new tech release. Monthly subscription to gadget discovery club will have their heart aflutter. On the website, you can pick and choose the type of subscription box that suits their style and fits your budget too.

If your friend or family member is a gadget geek then you can choose the package for the quarterly box that comes with 1-4 gadgets every 3 months.



The gadgets vary from smart home devices to music smart tech, wearable and much more. And you don't have to worry about the quality because the gear providers are mostly reliable brands such as Samsung, Google, Philips etc. So, this Christmas gift your favourite person the goodies that will be tailored to match their interest.

Wrapping Up

Christmas is the time that reminds us we should all be thankful for all the blessings we have in our life, including our friends and family. And making Christmas special for them with thoughtful and enjoyable gifts is important too. After all, the season of giving is upon us!





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